

Dear Sir/Madam,

ADANNA Women's support Group (AWSG) is a non-profit organisation situated in East London (Redbridge and covering Barking & Dagenham). Our aim is to empower women and help build their self-confidence. We do so by helping them overcome any issues they may be facing such as relationship issues, domestic violence, debt, unemployment, loneliness and isolation, challenges bringing up their children, etc. An approach we use to support women is by hosting sessions/events mentioned below.

Event 1: Employability course (qualification)

I am proud to announce that we will be running a new course- Employability (See Flyer). The Employability course has been developed to provide learners with a range of transferable work skills to allow them to enter and succeed in the workplace. We hope that by running this course we can empower women to feel more confident in getting back to work or training.

Date: 20th January to 16th March 2023 (**Every Thursday**)

Time: 10:30AM - 1PM

Location: ILFORD IG1

Joining link: <https://forms.gle/13CyGkS7g2jh2dAw6>

Even 2: AWSG monthly women's talk session.

The monthly women's talk sessions are back! Join us as we aim to empower and support women through conversations about different topics.

January women's talk topic will be about the impact of cost of living. (See Flyer) With inflation at an all-time high and the cost of essential items as well as bills rising it is having an impact on our finances. join us as we look at the different approaches to saving and managing our finances.

Topic: The cost of living: Effective money management

Date: 28th January 2023

Time: 10:30AM- 12:30PM

Location: Via Zoom

Joining details: <https://forms.gle/RvtcTmuDoPcHXJnG8>

Please could the events be shared on your newsletter/events page. Please also share both events details to parents and carers.

Should you have any questions or concerns regarding any of the events mentioned above please do not hesitate to email me.

Kind regards,
Saima

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Saima Pathan | Administrator

Adanna Women's Support Group

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