

Week Commencing: 17 APR / 8 MAY / 19 JUN / 10 JUL / 11 SEP / 2 OCT

**Monday**

- Rajma Masala with Rice 
- Chicken & Sweetcorn Meatballs with Spaghetti
- Halal Chicken & Sweetcorn Meatballs with Spaghetti
- Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw
- Cheese Sandwich 
- Seasonal Vegetables 
- Frozen Strawberry Yoghurt 

**Tuesday**

- Roast Vegetable Couscous 
- Macaroni Cheese with Garlic Bread 
- Lamb Keema Curry & Rice
- Halal Lamb Keema Curry & Rice
- Tuna Mayonnaise Sandwich 
- Seasonal Vegetables 
- Eve's Pudding 

**Wednesday**

- Vegetable Biryani 
- Quorn Sausage with Roast Potatoes & Gravy 
- Roast Chicken, Potatoes, Yorkshires & Gravy
- Halal Roast Chicken, Potatoes, Yorkshires & Gravy
- Cheese Wrap 
- Seasonal Vegetables 
- Pineapple Upside Down Sponge 

**Thursday**

- Vegetable & Mixed Bean Chilli & Rice 
- Cheese & Tomato Penne Pasta 
- Margherita Pizza & Wedges 
- Egg Mayonnaise Roll 
- Seasonal Vegetables 
- Orange Jelly 

**Friday**

- Vegetable & Lentil Bolognese with Pasta 
- Cheese & Onion Quiche with Chips 
- Fish Fingers & Chips 
- Fish Finger Bap 
- Seasonal Vegetables 
- Chocolate Brownie 

WEEK 1

Week Commencing: 24 APR / 15 MAY / 5 JUN / 26 JUN / 17 JUL / 18 SEP / 9 OCT

**Monday**

- Quorn Burger in a Bun 
- Lamb Meatballs In Tomato Sauce & Pasta
- Halal Lamb Meatballs In Tomato Sauce with Pasta
- Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw
- Cheese Roll 
- Seasonal Vegetables 
- Vanilla Ice Cream 

**Tuesday**

- Chickpea & Sweet Potato Shakshuka with Rice 
- Roasted Vegetable Calzone 
- Chicken & Veg Stir Fry & Rice
- Halal Chicken & Veg Stir Fry & Rice
- Tuna Mayonnaise Wholemeal Wrap 
- Seasonal Vegetables 
- Pear & Vanilla Sponge 

**Wednesday**

- Butternut, Butterbean & Veg Curry & Rice 
- Vegetable & Sweet Potato Bake 
- Roast Chicken, Potatoes, Yorkshires & Gravy
- Halal Roast Chicken, Potatoes, Yorkshires & Gravy
- Cheese Sandwich 
- Seasonal Vegetables 
- Chocolate Muffin 

**Thursday**

- Tomato, Lentil & Bean Pasta Bake 
- Margherita Pizza & Wedges 
- Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw
- Egg Mayonnaise Baguette 
- Seasonal Vegetables 
- Oat Dream Cookie 

**Friday**

- Chickpea & Mixed Vegetable Spicy Rice 
- Quorn Nuggets with Chips 
- Fish Fingers & Chips 
- Tuna Mayonnaise Sandwich 
- Seasonal Vegetables 
- Apple & Banana Cake 

WEEK 2

Week Commencing: 1 MAY / 22 MAY / 12 JUN / 3 JUL / 4 SEP / 25 SEP / 16 OCT

**Monday**

- Vegetable & Chickpea Jambalaya 
- Honey & Ginger Soya Strips with Noodles 
- Chicken Curry & Rice
- Halal Chicken Curry & Rice
- Cheese Sandwich 
- Seasonal Vegetables 
- Frozen Toffee Yoghurt 

**Tuesday**

- Tarka Dhal with Rice 
- Cheese & Bean Fajita 
- Lamb Pasta Bolognese
- Halal Lamb Pasta Bolognese
- Tuna Mayonnaise Wrap 
- Seasonal Vegetables 
- Vanilla Sponge with Apple Compote & Ice Cream 

**Wednesday**

- Roast Soya Strips & Potatoes 
- Roast Chicken, Potatoes, Yorkshires & Gravy
- Halal Roast Chicken, Potatoes, Yorkshires & Gravy
- Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw
- Cheese Roll 
- Seasonal Vegetables 
- Pear & Chocolate Sponge 

**Thursday**

- Chickpea & Vegetable Tagine with Lemon Cous Cous 
- Roasted Vegetable Lasagne with Wedges 
- Margherita Pizza & Wedges 
- Egg Mayonnaise Sandwich 
- Seasonal Vegetables 
- Strawberry Jelly 

**Friday**

- Cheese & Tomato Whirl with Chips 
- Fish Fingers & Chips 
- Jacket Potato - Beans/Cheese/Salmon Mayo/Coleslaw
- Fish Finger Bap 
- Seasonal Vegetables 
- Fruity Flapjack 

WEEK 3

**Key**



Vegetarian



Plant Based  
Vegan Friendly



Sustainably  
Caught Fish

**AVAILABLE DAILY**



Unlimited  
Salad Bar



A choice of  
Fresh Fruit



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

# WELCOME TO YOUR SCHOOL LUNCH

Welcome to your new menu, which has been created so your child can enjoy a **delicious, balanced** school lunch every day cooked fresh daily. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals.

All our menus aim to offer **great value**, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.



Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches**

## JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH:



**NUTRITIOUS MAIN MEALS**



**FRESHLY BAKED BREAD**



**A TRIP TO THE SALAD BAR**



**A DELICIOUS DESSERT**



**ENERGY & NUTRITION FOR A PRODUCTIVE AFTERNOON!**

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



**OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY**

**ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED**



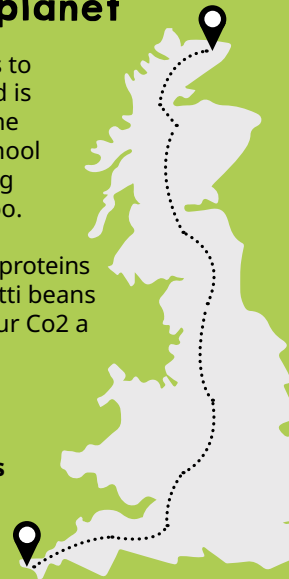
Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

## Better for you, Better for the planet

We know how important it is to not only make sure that food is healthy but also better for the planet. When it comes to school lunches, we've been worrying about it so you don't have too.

By adding more plant based proteins such as red lentils and borlotti beans to our recipes we reduced our Co2 a whopping 77,660 kg.

**That's the equivalent of driving a car from Lands End to John O'Groats over 300 times!**



**DOWNLOAD OUR APP NOW!**



Designed to make ordering and paying for meals even easier!

Click here to download it from App Store or Google Play store.

## GREAT VALUE



**SAVE £400 A YEAR**

if your child is in Key Stage 1 or your family is entitled to certain benefits.



**FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE**

Few places offer homemade two course meals made from great ingredients at such a good price.



**CLICK HERE**

**TO FIND OUT IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS**

## CONTACT US:



Payments and Meal Ordering



Nutrition Guidance