



**EMPOWERING
PARENTS
TOGETHER** 

Working together today, Improving their tomorrows

Neurodiversity and Daily Living: Eating, Sleeping, Toileting

Part of the Partnerships for Inclusion of Neurodiversity in Schools (PINS) Project in Redbridge in collaboration with EPT

Join Nicola Wolf (Head of Redbridge Occupational Therapy team) for an online workshop on:

- practical strategies to support children managing their eating, sleeping, and toileting routines due to sensory sensitivities, anxiety, or executive functioning challenges.

**Open to staff & parents at Mayespark Primary and Manford Primary
This training has been extended to all SEND parent carers in Redbridge**

Friday 21st March 2025

Time : 7pm to 8.30pm

Booking link:

<https://EPTdailyPINS.eventbrite.co.uk>

Contact details for free membership and forthcoming events

www.empoweringparentstogether.org.uk

info@empoweringparentstogether.org.uk

07486 880 799 & 07486 880 646

FACEBOOK: Empowering Parents Together – Redbridge



Department
for Education

London Borough of
Redbridge



National Network of Parent Carer Forums
"Our Strength is our Shared Experience"



contact For families
with disabled children

