

# Redbridge Educational Wellbeing Team (REWT)

## Parent Workshops



REWT are excited to be delivering parent workshops to support the wellbeing of Redbridge parents and their children. Please register for the workshops using the links or QR codes below.

### Understanding and supporting bereavement and loss

Wednesday 3rd May  
(4.30 – 6pm)

<https://tinyurl.com/3rj424e9>



### Parents actions to improve wellbeing

Thursday 6th July  
(4 – 5pm)

<https://tinyurl.com/2p8kt8sn>



Please email  
[REWT@redbridge.gov.uk](mailto:REWT@redbridge.gov.uk) if you  
have any queries

