

MAYESPARK PRIMARY SCHOOL

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Head teacher: Ms E Davies



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Dear Parent / Carer,

As we have a number of cases being reported to us, we wanted to clarify the guidance around coming out of self-isolation after testing positive for Covid-19.

As you may be aware, the current guidance is that people who have a confirmed case of Covid-19 can complete their self-isolation on or after day 7 if they take lateral flow tests on days 6 and 7 of their self-isolation period and:

- both tests are negative;
- both tests were taken at least 24 hours apart;
- they do not have a high temperature.

If they do a rapid lateral flow test on day 6 and test positive, they must wait 24 hours before they do the next test. Two consecutive negative tests (24 hours apart) are needed to end the isolation early.

We ask that if your child is able to end their self-isolating earlier than 10 days but the conditions above apply, please send the school evidence of the two negative tests by email to office@mayespark.redbridge.sch.uk before your child returns to school. This should be in the form of the email confirmation you receive from the NHS when you submit the negative test result. If we do not have this evidence, we will expect your child to self-isolate for the full 10 days.

If your child still has a high temperature after the 10 days, or they are feeling unwell, they should keep self-isolating and seek medical advice.

If your child has symptoms of Covid-19 but they have not had this confirmed with a test they will be expected to self-isolate for 10 days.

We will update you when the guidance is updated over the coming weeks. If you have any questions regarding this, please contact the school office.

Yours faithfully

Ms E Davies
Headteacher

