MAYESPARK PRIMARY SCHOOL

Goodmayes Lane, Ilford, Essex IG3 9PX Tel: 020 8599 2263

Email: Office@mayespark.redbridge.sch.uk **Web**: www.mayesparkprimaryschool.org.uk

Head teacher: Ms E Davies



Dear Parents/Carers,

Year 4 Swimming Lessons

Year 4 will begin weekly swimming lessons starting from Wednesday 19th April. These lessons are an essential and compulsory part of the National Curriculum and learning to swim is an important life skill, as well as lots of fun. They will have a series of 12 lessons and will finish on Wednesday 19th July.

The children will be walking to and from Mayfield Leisure Centre. Please ensure children have coats that are suitable for the weather. Once at the Leisure centre children will change separately.

Boys Swimwear:

Swimming shorts/trunks that are made of light material (not cotton, normally polyester), above the knee. No wetsuits or two-piece costumes are permitted.

Girls:

One-piece swimsuits for girls. Suits such as "Burkinis" covering arms/legs are permitted providing they are purpose-made and of swimsuit material. No leotards, two-piece costumes or wetsuits permitted.

All Pupils:

A swimming hat must be worn for the duration of the swimming lesson and a towel is required.

Jewellery, accessories and any other embellishments of any type worn on the body are not permitted for the safety of all children. These must be removed prior to the start of the lesson. In the instance of a religious bangle which cannot be removed, it must be either covered with a sweat band or covered over with waterproof surgical tape to ensure that it cannot move up and down the wrist and does not pose a risk to the swimmer or fellow swimmers.

Below are the times that children will be leaving for and returning from the swimming lessons. Please note, Class **Aderin** will need to arrive at the school office for 8.40am each Wednesday to ensure they arrive on time for their lesson. Class **Aderin** will be leaving school at 8.45am.

Class	Leaving school at	Swimming session	Returning to school at
Aderin	8:45am	9:30am-10:00am	10:45am
Kalam	9:15am	10:00am- 10:30am	11:15am
Goodall	9:45am	10:30am-11:00am	11.45am

Please speak to your child's class teacher if you have any further questions.

Yours sincerely

Mr Lawless - PE Leader

























